

Proceeds to



Kelly Shires

Breast Cancer Foundation

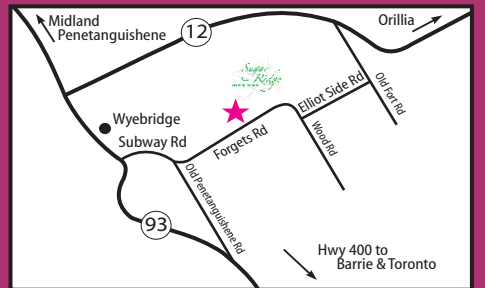
# Women's Breast-Friends Weekend



Friday, May 13 at 5:00 pm to Sunday May 15 at 12:00 pm

\$349.00 ALL INCLUSIVE

[\$50.00 per month for 6 months]



Includes:

Friday Night Meet & Greet Cocktail Party @ 7:00 pm

Saturday: Three full meals with Evening Entertainment & Cocktails

Sunday: Inspirational Breakfast

Access to all programs

Your weekend will include a Mini Spa Package, and a variety of great programs such as (but not limited to...)

- Yoga
- Meditation
- Tai-Chi
- Journal Writing
- Innovative Art
- Jewellery Making
- Creative Cooking
- Exotic Sewing
- and much, much more!



Cozy cabins sleep up to 4 people... so get your group together and call now!

Bring your best Friends, Sisters, Mothers and Aunts for a fun, relaxing, guilt-free weekend.

## It'll be fun and it's for a great cause!

For registration please call Gillienne Smith @ Therapeutic Massage (705) 527-1598

or email: [breastfriendsweekend@gmail.com](mailto:breastfriendsweekend@gmail.com)

Facility Information available at: [www.sugarridge.ca](http://www.sugarridge.ca)

Space is limited – first come first served. Programs subject to change.

**One Stop Beauty Shops**  
• Haircuts • Waxing • Pedicures • Manicures • Eyebrows • Eyelashes  
338 King Street, Midland  
(705) 526-1068

**Invest In Your Health**  
**CORE NUTRITION**  
Feed Your Body, Mind & Soul

**THERAPEUTIC MASSAGE**  
In Midland  
Gillienne Smith, R.M.T.  
(705) 527-1598 by appointment  
214 Cox Street, Midland, ON L4R 3P2  
[www.therapeuticmassageinmidland.com](http://www.therapeuticmassageinmidland.com)

**ACUPUNCTURE**  
LAURA SIKKERS, B.A.L.N.  
Midland Acupuncture Clinic  
200 First Street, Midland, ON L4R 3P2  
[www.MidlandAcupuncture.com](http://www.MidlandAcupuncture.com)  
(705) 526-9838

**Claire's Fine Wines**  
We have over 100 wines you made of yourself!  
WINE. GIFTED. AS YOU WOULD. LOCAL & WORLDWIDE!  
(705) 526-2337  
100 First Street  
300 Ontario Street, Box 424  
Midland, Ontario L4R 3P2  
[claire@clairesfine.com](mailto:claire@clairesfine.com)

**EPICURE SELECTIONS**  
Julie A. Lantieri  
Independent Consultant  
Epicure Training Partner  
Corporate Orders  
Event Planning  
Business Organization  
Tel: 705-527-5635  
E-mail: [jean@epicure.com](mailto:jean@epicure.com)

**Click your Mouse... Find your i-Touse**  
**TeamJordan.ca**  
**526.9770**  
100 King Street, Midland, ON L4R 3P2  
[www.teamjordan.ca](http://www.teamjordan.ca)

**Midland COPY Shoppe**  
Colour Quality Outdoors!

**Keith S. Donaldson**  
Optical Manager  
**Midland TIM-BR MART**  
300 West Street, P.O. Box 30  
Midland, Ontario L4R 3K3  
Phone: (705) 526-9244/524-3003  
Toll: 1-800-363-0211 Fax: (705) 526-9244  
Mobile: (705) 730-0713  
Email: [kdonaldson@timbrmart.com](mailto:kdonaldson@timbrmart.com)

**HAMELINS HOMEWARES**  
Margaret Hamelin  
Wholesale, Retailers & Cash  
1-888-526-6949  
[hamelins.com](http://hamelins.com)  
[www.hamelins.com](http://www.hamelins.com)

**TD Canada Trust**  
TD Canada Trust  
295 King Street  
Midland, Ontario L4R 3M5  
T: 705-526-5478 Fax: 224 F: 705-526-4498  
[lanac@tdbank.ca](mailto:lanac@tdbank.ca)

**Explorers Cafe**  
Rob & Jennifer Recker  
Proprietors  
1111  
Celebration of Exploration, 200 Queen St. W.  
1111 Queen St. W.  
[www.theexplorerscafe.com](http://www.theexplorerscafe.com)  
Tel: 705-527-9199  
Tel: (705) 526-7920  
Fax: (705) 526-7923  
[info@explorerscafe.com](mailto:info@explorerscafe.com)

**FULL LINE ELECTRONICS**  
ALVIN CLARKE  
Tel: (705) 526-7920  
Fax: (705) 526-7923  
[info@alvinclear.com](mailto:info@alvinclear.com)

9170 Hwy 93  
Midland, ON L4R 4S5